

CURRICULUM VITAE
Jordan Keith Aquino, MPH

CONTACT INFORMATION

Business Address:

Department of Health Science
California State University, Fullerton
800 N. State College Blvd.
Fullerton, CA 92834-3599
Phone: (657) 278-7031 / Fax: (657) 278-5317
Email: jaquino@fullerton.edu

EDUCATION

2010 – 2013

Master of Public Health

Emphasis: Health Promotion & Disease Prevention
Thesis: *Effect of group empowerment drumming on cognitive performance and mood in women with fibromyalgia*
Thesis Committee Chair: C. Jessie Jones, PhD
California State University, Fullerton

2006 – 2010

Bachelor of Science

Major: Health Science; Minor: Chemistry
California State University, Fullerton

2003 – 2006

Associate of Arts – Honors (x2)

General Education; Liberal Arts & Sciences
Chaffey College, Rancho Cucamonga, CA

PROFESSIONAL EXPERIENCE

Nov 2014 – Present

Interim Director

Feb 2013 – Nov 2014

Associate Director

Jun 2012 – Feb 2013

Assistant Director

Aug 2009 – Jun 2012

Senior Research Coordinator

Oct 2007 – Jul 2009

Research & Program Assistant

Fibromyalgia & Chronic Pain Center (FMCP), CSUF

Jan 2014 – Present

Part-time Faculty

Division of Kinesiology & Athletics
Orange Coast College, Costa Mesa, CA
Courses Taught:
HLED A100 Personal Health

Aug 2013 – Present

Part-time Lecturer

Department of Health Science, CSUF
Courses Taught:
HESC 101 Personal Health
HESC 349 Measurement & Statistics in Health Science
HESC 400 Program Design in Health Promotion
HESC 475 Health Science Planning, Research & Evaluation
HESC 495 Internship in Health Science

- Jun 2013 – Jul 2013 **Visiting Graduate Scholar/Research Technician**
Chronic Pain & Fatigue Research Center
Department of Anesthesiology
University of Michigan Medical School, Ann Arbor, MI
Mentor: Afton L. Hassett, PsyD, Associate Research Scientist
- Aug 2012 – July 2013 **Teaching Associate**
Department of HESC, CSUF
Courses Taught: HESC 101 Personal Health
- Jun 2009 – July 2012 **Student/Graduate Assistant**
Department of HESC, CSUF
Courses:
 HESC 400 Program Design in Health Promotion
 HESC 401 Epidemiology
 HESC 500 Issues in Public Health (Graduate level)
- Jul 2011 – Mar 2012 **Visiting Scholar/Project Assistant**
Filipino American Health Study
Division of Cancer Prevention and Control Research
Jonsson Comprehensive Cancer Center
Fielding School of Public Health
University of California, Los Angeles (UCLA)
Mentor: Annette Maxwell, DrPH, Professor
Mentor: Leda Danao, PhD, Senior Research Scientist
- Jan 2010 – Aug 2011 **Clinical Research Coordinator Assistant**
Apex Research Institute, Santa Ana, CA
- May 2010 – Dec 2010 **Editorial Staff**
Californian Journal of Health Promotion
- Aug 2009 – Oct 2010 **Research & Program Manager**
National Fibromyalgia Association (NFA), Anaheim, CA
- Jun 2008 – Aug 2008 **Visiting Scholar**
Department of Community Medicine, Faculty of Medicine
Chiang Mai University, Chiang Mai, Thailand
Mentor: Pongthep Wivatanadej, PhD, Professor

PROFESSIONAL MEMBERSHIPS

- 2015 – Present #30607503 Western Psychological Association
- 2012 – 2013 #9947038 American Public Health Association
- 2012 – 2013 #00124306 American Pain Society
- 2008 – 2013 #112386 American Academy of Pain Management

2007 – 2013	-	Eta Sigma Gamma, Delta Rho Chapter National Health Education Honorary (ESG), HESC Honor Society
2008 – 2009	#4218504	American Alliance for Health, Physical Education, Recreation and Dance
2005 – 2006	#1795020	Phi Theta Kappa, Beta Kappa Pi Chapter, International Honor Society of the Two-Year College

PROFESSIONAL SERVICE

Ad Hoc Reviewer, *Journal of Healthcare for the Poor and Underserved*
Ad Hoc Reviewer, *Californian Journal of Health Promotion*

COMMUNITY SERVICE

Sep 2008 – Present		Volunteer Ambassador, Be the Match Foundation/National Marrow Donor Program
Jan 2008 – Present		Volunteer, North Orange County Fibromyalgia Support Group
Oct 2013 – Present		Step-Off Volunteer Coordinator, Anaheim Halloween Parade Committee
Sep 15, 2013		Event Coordinator, Fibromyalgia & Chronic Pain Awareness Day, CSUF & Fibromyalgia Awareness National Network
Dec 2013		Gift wrapping volunteer, Boys & Girls Club of Anaheim
May 6, 2012		Event Chair, Fibromyalgia Awareness Day, CSUF & Fibromyalgia Awareness National Network
May 7, 2011		Event Chair, Fibromyalgia Awareness Day, CSUF & North Orange County Fibromyalgia Support Group
May 8, 2010		Event Coordinator, Fibromyalgia Awareness Day, CSUF & NFA
Dec 2009		Medical Team Volunteer, Green Institute for Village Empowerment
Aug 2007 – Dec 2008		Volunteer, Orange County AIDS Services Foundation
Nov 2001 – Apr 2002		Emergency Room Volunteer, Chino Valley Medical Center

UNIVERSITY, COLLEGE, DEPARTMENT SERVICE

Aug 2012 – May 2013		MPH Admissions Committee, CSUF
Aug 2012 – May 2013		MPH Colloquia/Workshop Ad Hoc Committee, CSUF
Jan 2012 – May 2013		MPH Accreditation Committee, CSUF
Jan 2011 – May 2013		MPH Program Committee Student Representative, 2010 Cohort, CSUF
Aug 2010 – May 2013		HESC Department Awards & Event Planning Committee, CSUF

Jessica Vinson (Internship: B.S., HESC)
Summer 2010 Shawn Wang (Internship: Troy High School Tech Magnet Program)
Summer 2009 Shalin Shaw (Internship: Troy High School Tech Magnet Program)

HONORS & AWARDS

May 2015 Outstanding Lecturer Award, HESC Department, CSUF
May 2010, 2013 HESC Commencement Speaker, CSUF
May 2010, 2013 Community Engagement Medal, CSUF
May 2013 Marie Kalmantis Memorial Scholarship, CSUF
Apr 2013 Scholarship Key Award, ESG, CSUF
Apr 2013 Titans Leaving Their Footprint at CSUF, Dean of Students, CSUF
Mar 2013 Graduate Student of the Year, Outstanding Student Scholarship & Creative Activities Award, College of Health & Human Development, CSUF
Feb 2013 Outstanding Faculty Advisor, ESG, CSUF
Jul 2012 – Jun 2013 Scholar, Sally Casanova California Pre-Doctoral Program, California State University System
Jun 2011 – Mar 2012 Scholar, National Cancer Institute, NIH, Minority Training Program in Cancer Control Research Summer Institute (MTPCCR), UCLA
May 2010 Outstanding Undergraduate Award, Dept. of HESC, CSUF
May 2010 Kathryn T. McCarty Research Scholarship Award, CSUF
May 2009 Department of Health Science Service Award, CSUF
Jun – Aug 2008 Visiting Scholar (Chiang Mai University, Thailand), National Institute on Minority Health and Health Disparities, NIH, Minority Health & Health Disparities International Research Training Program, CSUF

PEER-REVIEWED PUBLICATIONS

1. Hassett, A. L., **Aquino, J. K.**, & Ilgen, M. A. (2014). The risk of suicide mortality in chronic pain patients. *Current Pain and Headache Reports*, 18:436. PMID: 24952608
2. Traska, T. K., Rutledge, D. N., Mouttapa, M., Weiss, J., & **Aquino, J.** (2012). Strategies used for managing symptoms for persons with fibromyalgia. *Journal of Clinical Nursing*, 21(5-6), 626-635. PMID: 21323780

3. Zettel-Watson, L., Rutledge, D. N., **Aquino, J. K.**, Cantero, P., Espinoza, A., Leal, F., & Jones, C. J. (2011). Typology of chronic pain among overweight Mexican Americans. *Journal of Healthcare for the Poor and Underserved*, 22(3), 1030-1047. PMID: 21841294
4. Jones, C. J., Rutledge, D. N., & **Aquino, J.** (2010). Predictors of physical performance and functional ability in persons 50+ with and without fibromyalgia. *Journal of Aging and Physical Activity*, 18(3), 353-68. PMID: 20651419

SYMPOSIA/ORAL/PODIUM PRESENTATIONS

1. **Aquino, J. K.**, Cherry, B. J., Zettel-Watson, L., Rutledge, D. N., & Jones, C. J. (2016, April). Physical and Cognitive Status of People Aged 50+ With and Without Fibromyalgia: A Longitudinal Study. In B. J. Cherry, (Chair), *Health & Wellness among Individuals with Chronic Pain*. Symposium to be presented at the 96th Western Psychological Association Convention, Long Beach, CA.

CONFERENCE PRESENTATIONS (* indicates contributions as a student)

1. Zettel-Watson, L., Tessler, J., *Kircher, J., *Islas, L., **Aquino, J.**, Rutledge, D., & Cherry, B. (submitted). Accelerated Physical and Cognitive Aging in a Chronic Pain Condition vs. Normal Aging. Abstract submitted to the International Association of Gerontology and Geriatrics 2017 World Congress, San Francisco, CA.
2. Cherry, B., *Ruiz, M., *Langmesser, P., Trevitt, J., **Aquino, J.**, Rutledge, D., & Zettel-Watson, L. (submitted). Poor Sleep Quality in Older Adults with and without Fibromyalgia. Abstract submitted to the International Association of Gerontology and Geriatrics 2017 World Congress, San Francisco, CA.
3. *Islas, L., *Kircher, J., *Sanchez, V., *Briseno, A., **Aquino, J. K.**, Zettel-Watson, L., & Cherry, B. (2016, Nov). Blood Pressure on Everyday Problem Solving among Older Adults with and without Fibromyalgia. Poster presentation at the Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, LA.
4. *Ruiz, M. A., *Langmesser, P., *Zamora, S., **Aquino, J.**, & Cherry, B. J. (2016, April). Poor Sleep Quality in Older Adults with and without Fibromyalgia – Relationship to Pain, Depression, Anxiety, and Quality of Life. Poster presented at the 5th Annual Student Creative Activities and Research Day, CSUF, Fullerton, CA.
5. *Morton, J., *Gaeta, D., *Hicks, D., **Aquino, J.**, Cherry, B., & Zettel-Watson, L. (2015, May). Social support differences between older adults with and without fibromyalgia. Poster presentation at the 95th Annual Western Psychological Association Convention, Las Vegas, NV.
6. *Quinn, T., *Ignacio, D., *Cuevas, S., *Islas, L., **Aquino, J.**, Cherry, B., & Zettel-Watson, L. (2015, May). Associated benefits of positive mood on cognitive and physical health among adults 50+ with and without fibromyalgia. Poster presentation at the 95th Annual Western Psychological Association Convention, Las Vegas, NV.
7. *Lansang, R., **Aquino, J. K.**, Jones, C. J., & Rutledge, D. N. (2014, April). Gait speed differences in older women with and without fibromyalgia. Poster presentation at the 2nd Annual Student Research & Creative Activities Day, CSUF, Fullerton, CA.

8. **Aquino, J. K.**, Jones, C. J., Cherry, B., & Rutledge, D. N. (2013, November). Effect of group empowerment drumming on cognition, mood states, and impact in women with fibromyalgia. Poster presentation at the 141th American Public Health Association Annual Meeting & Exposition, Boston, MA.
9. Rutledge, D. N., Jones, C. J., Rose, D., Cherry, B. J., & **Aquino, J. K.** (2012, August). Is cognitive performance associated with balance in adults with and without fibromyalgia? Podium presentation at the 8th World Congress on Active Ageing, Glasgow, Scotland.
10. *Levine, B., Rakovski, C. C., Cherry, B. J., *Follick, B., ***Aquino, J. K.**, *Slater, T., & Jones, C. J. (2011, September). Pain and sleep associated with working member in adults 50+. Poster presentation at the American Academy of Pain Management 22nd Annual Clinical Meeting, Las Vegas, NV.
11. ***Aquino, J. K.**, Rutledge, D. N., *Levine, B., & Jones, C. J. (2011, September). Pain and aerobic endurance among adults 50+ with & without FM. Poster presentation at the American Academy of Pain Management 22nd Annual Clinical Meeting, Las Vegas, NV.
12. *Grandfield, E. M., *Follick, B., *Levine, B., ***Aquino, J. K.**, Cherry, B. J., & Zettel-Watson, L. (2011, February). The role of executive function in episodic memory performance in individuals with and without fibromyalgia. Poster presentation at the Annual Meeting of the Center for Vitality and Aging, Dallas, TX.
13. ***Aquino, J. K.**, Rutledge, D. N., Jones, C. J., Cantero, P., Espinoza, A., *Levine, B., & *Blache, E. (2011, February). BMI levels and pain indices in Hispanics with chronic pain. Encore Poster presentation at the UCLA Health Disparities, Access & Aging Conference: Using the California Health Interview Survey, Newport Beach, CA.
14. ***Aquino, J. K.**, Rutledge, D. N., Jones, C. J., Cantero, P., Espinoza, A., *Levine, B., & *Blache, E. (2010, September). BMI levels and pain indices in Hispanics with chronic pain. Poster presentation at the American Academy of Pain Management 21th Annual Clinical Meeting, Las Vegas, NV.
15. *Callahan, E. L., *Lopez, J., Cherry, B., ***Aquino, J. K.**, Rutledge, D. N., & Jones, C. J. (2010, September). Do sleep and depression predict pain in fibromyalgia? Abstract. Poster presentation at the American Academy of Pain Management 21th Annual Clinical Meeting, Las Vegas, NV.
16. Jones, C. J., Rutledge, D. N., ***Aquino, J. K.**, Zettel-Watson, L., Cantero, P., Espinoza, A., Leal, F., *Prado, B., *Valencia, C., & Weiss, J.W. (2010, September). Typology of chronic pain among overweight Mexican Americans. Poster presentation at the American Academy of Pain Management 21th Annual Clinical Meeting, Las Vegas, NV.
17. ***Aquino, J. K.**, *Callahan, E., *Cayetano, R., Rutledge, D. N., Jones, C. J. (2009, September). Impact of body fatness on core symptoms of fibromyalgia in people aged 50+. Poster presentation at the American Academy of Pain Management 20th Annual Clinical Meeting, Phoenix, AZ.
18. ***Aquino, J.**, Kaewpinta, B., & Srithanaviboonchai, K. (2009, May). Occupational health hazards and health statuses of electronics factory workers in Thailand. PowerPoint presented at the Minority Access to Research Careers Seminar Series, Department of Biological Sciences, California State University, Fullerton.
19. Cherry, B. J., Jones, C. J., Rutledge, D. N., Weiss, J., *Barakat, B. K., Zettel-Watson, L., Mouttapa, M., *Just, N., & ***Aquino, J.** (2009, April). Physical and cognitive performance in fibromyalgia and

normal aging. Encore Poster presentation at the Annual Spring Symposium, Department of Health Science, California State University, Fullerton.

20. Cherry, B. J., Jones, C. J., Rutledge, D. N., Weiss, J., *Barakat, B. K., Zettel-Watson, L, Mouttapa, M., *Just, N., & *Aquino, J. (2009, March). Physical and cognitive performance in fibromyalgia and normal aging. Poster presentation presented at Cognitive Aging: Research & Practice, Toronto Canada.

FUNDING

Sponsor Agency: California State University System

Sally Casanova California Pre-Doctoral Scholarship and Internship

Faculty Sponsor: C. Jessie Jones, PhD, Department of Health Science, CSUF

Internship Mentor: Afton L. Hassett, PsyD, Chronic Pain & Fatigue Research Center, Department of Anesthesiology, University of Michigan Medical School

Period: Jun 2012 – Aug 2013

Funds: \$9,065.00

Sponsor Agency: Junior/Senior Faculty Research Grant, Auxiliary Services Corp., CSUF

“Efficacy of a group empowerment drumming protocol to improve cognitive performance and mood states in adults with fibromyalgia”

Faculty Sponsor: C. Jessie Jones, PhD, Department of Health Science

Period: February 2012 – January 2013

Funds: \$5,000.00

Sponsor Agency: National Cancer Institute, NIH

Minority Training Program in Cancer Control Research (MTPCCR), UCLA

“Community Dissemination of Evidence-based Colorectal Cancer Screening Interventions among Filipino Americans”

Faculty Preceptor: Annette Maxwell, DrPH, Department of Health Services, UCLA

Period: July 2011 – March 2012

Funds: \$5,800.00

Sponsor Agency: College of Health & Human Development Inter-Club Council, CSUF

“Pain and aerobic endurance among adults 50+ with & without FM”

Period: September – October 2011

Funds: \$500.00

Sponsor Agency: College of Health & Human Development Inter-Club Council, CSUF

“BMI levels and pain indices in Hispanics with chronic pain”

Period: September – October 2010

Funds: \$358.24

Sponsor Agency: Centers for Disease Control and Prevention

“The Prevalence, Typology, and Severity of Chronic Pain Among Overweight/Obese Hispanics”

Period: August 2009 – December 2010

Funds: \$5,000.00

Sponsor Agency: Faculty Development Center, CSUF

Faculty-Student Research/Creative Activity Grant

“The Importance of Social Support for Overweight/Obese Hispanic Adults Experiencing Chronic Pain”

Faculty Sponsor: Laura Zettel-Watson, PhD, Department of Psychology

Period: November 2009 – August 2010

Funds: \$1,000.00

Sponsor Agency: Faculty Development Center, CSUF

Faculty-Student Research/Creative Activity Grant

“Physical and Cognitive Status of People Aged 50+ With and Without Fibromyalgia”

Faculty Sponsor: C. Jessie Jones, PhD, Department of Health Science

Period: October 27, 2008 – August 31, 2009

Funds: \$1,000.00

Sponsor Agency: National Institute on Minority Health and Health Disparities, NIH

Minority Health & Health Disparities International Research Training Program (MHIRT), CSUF
“Occupational Health Hazards and Health Statuses of Electronics Factory Workers in Thailand”

Faculty Sponsor: Mark Tolmasky, PhD, Department of Biological Sciences

Period: June 1, 2008 – May 22, 2009

Funds: \$5,400.00

RESEARCH HISTORY

- FMCCPC*** Co-Investigator/Project Director: Physical and Cognitive Status of People Aged 50+ With and Without Fibromyalgia: A Longitudinal Study (2008 – Present)
- FMCCPC*** Principal Investigator: Effect of Group Empowerment Drumming on Cognitive Performance and Mood in Women with Fibromyalgia (2012-2013)
- MTPCCCR*** Research Assistant: Community Dissemination of an Evidence-based CRC screening Intervention (CRC2) Filipino American Health Study (2011-2012)
- Apex*** Coordinator Assistant/Data Entry: Safety and Tolerability Study Comparing Sodium Oxybate Given as an Oral Solution to a Single-blinded Combination of Oral tablets plus Oral solution in Subjects with Fibromyalgia (2011)
- Apex*** Coordinator Assistant/Data Entry: A 15 Week, Randomized, Double blind, Parallel-group, Placebo-controlled, Flexible-dose, Safety and Efficacy Study of Pregabalin in Adolescents (12-16 Years old) with Fibromyalgia (2011)
- Apex*** Coordinator Assistant/Data Entry: An Observer-Blinded, Randomized, Parallel-Group, Multi-Center Study Comparing the Safety and Immunogenicity of HEPLISAV to Licensed Vaccine (Engerix-B) among Healthy Subjects 40 to 70 Years of Age (2010)
- NFA*** Coordinator: National Fibromyalgia Association Patient Survey 2 (2010)
- FMCCPC*** Project Director: Prevalence, Type, and Severity of Chronic Pain among Overweight/Obese, Low Income Latino Adults Aged 40+ (2009 – 2010)
- NFA*** Coordinator: Juvenile Fibromyalgia Survey (2009 – 2010)
- FMCCPC*** Coordinator: Efficacy of Acupuncture to Improve Symptoms and Functionality for People with Fibromyalgia (2008 – 2010)
- FMCCPC*** Coordinator: Symptom Management for Fibromyalgia Focus Group (2009)
- FMCCPC*** Coordinator: Social Support for People with Fibromyalgia Focus Group (2009)
- FMCCPC*** Coordinator: Physical and Cognitive Status of Persons with Fibromyalgia (2007 – 2008)
- MHIRT*** Principal Investigator: Occupational Health Hazards and Health Statuses of Electronics Factory Workers in Thailand (2008)

INVITED LECTURES / GUEST SPEAKER

MPH Comprehensive Exam Boot Camp

Department of HESC, CSUF

November 25 – 26, 2014

April 12 – 13, 2014

MPH Resources Orientation & Organizational Tips

HESC 500 Issues in Public Health (incoming MPH cohort), Department of HESC, CSUF

August 27, 2013

August 27, 2012

From Here to Public Health: A Roadmap to Get You There! MPH Student Panel

Undergraduate Student Conference, California-Nevada Public Health Training Center & Department of HESC, CSUF; April 18, 2013

Undergraduate Research Forum

College of Health & Human Development, CSUF; October 24, 2012

Research Opportunities for Masters of Science in Gerontology Students Panel

Department of Gerontology (GERO 500 class), CSUF; October 8, 2012

MPH Meet & Greet MPH Student Panel

Department of HESC, CSUF; October 1, 2012

2nd Year MPH Student Culminating Experience Workshop

Department of HESC, CSUF; September 10, 2012

Obesity Prevention through the Life Span: Reflections on the Past and Vision for the Future

Obesity Prevention Symposium, Center for the Promotion of Healthy Lifestyles & Obesity Prevention, CSUF; May 24, 2012

From Here to Public Health: A Roadmap to Get You There! MPH Student Panel

Undergraduate Student Conference, California-Nevada Public Health Training Center & Department of HESC, CSUF; May 2, 2012

Faculty-Student Research Collaboration: Addressing Health Needs within the Community

Graduate Research Symposium, College of Health & Human Development, CSUF; November 3, 2010

COMMUNITY PRESENTATIONS/WORKSHOPS

Aquino, J. K. (October 29, 2012). HealthRHYTYMS Community Drum Circle, Fibromyalgia & Chronic Pain Center, CSUF.

Aquino, J. K. (July 13, 2012). HealthRHYTYMS Community Drum Circle, Horizon Cross-Cultural Center, Garden Grove, CA.

Aquino, J. K. (May 31, 2012). HealthRHYTYMS Community Drum Circle, Korean Community Services, Inc., Buena Park, CA.

Aquino, J. K. (May 5, 2012). HealthRHYTHMS Facilitator Training Refresher, CSUF.

Aquino, J. K. (July 21, 2011). HealthRHYTHMS, Community Alliances Conference, CalOptima, CSUF.