NOW RECRUITING!!

Women 18-70 years old with fibromyalgia and complaints of Fibro-Fog (cognitive problems)

WHAT: 6-week Group Empowerment Drumming program
The purpose of this research study is to determine the effects of group empowerment drumming on cognitive performance and mood among women with fibromyalgia (FM). All participants in this randomized controlled trial have an equal chance of being assigned to the drumming intervention group or an educational/social waiting-control group.

No prior drumming experience required!

WHERE: California State University, Fullerton
Kinesiology & Health Science (KHS) Building

WHEN: Baseline Assessments (1 day): June 2 – 6, 2012
Every Saturday: June 9 – July 21, 2012
(No meeting on June 30, 2012)
Post Assessments (1 day): July 21 – 29, 2012

For more information or to determine eligibility, please contact:
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