Research Project

VOLUNTEERS NEEDED

Physical and Cognitive Status of People Aged 50+
With & Without Fibromyalgia (FM): A Longitudinal Study

Where: California State University, Fullerton
Kinesiology & Health Science (KHS) Building

Dates: Friday, 10/7, 10/21, 11/4, or 11/18 9am or 1pm
or Sat., 10/8, 10/22, 11/5, or 11/19 9am or 1pm

**Call Now for an Appointment! (657) 278-7031**
(Appointments take place on ONE DAY and will last approximately 2 ½ - 3 hours)

Purpose of Study: The purpose of this study is to determine changes in the physical and mental performance of people aged 50+ with and without fibromyalgia. Secondary objectives are to determine if: (1) earlier physical activity level and current physical performance influence mental status; and (2) to determine whether factors such as physical activity and medication use impact changes in performance.

TO PARTICIPATE, YOU MUST BE:
(1) aged 50+ years
(2) community-residing and functionally independent (not wheel-chair bound)

YOU CANNOT PARTICIPATE IN THE STUDY IF YOU:
(1) have been advised by your physician NOT to exercise
(2) have ever experienced congestive heart failure
(3) currently have chest pain, dizziness, or pain in chest during exercise or
(4) are unable to walk for 6 minutes without assistance

**RECEIVE OVER $350 OF TESTING plus A PERSONALIZED REPORT**

If you have any questions and/or would like to schedule an appointment, please contact us at (657) 278-7031 or fmcp@fullerton.edu